

What is an allergy?

An allergy is a reaction by your immune system to a substance that is usually harmless, known as an allergen. Common allergens include pollen, dust mites, pet dander, certain foods, and insect stings.

What causes allergies?

Allergies are caused by the immune system mistakenly identifying a harmless substance (allergen) as a threat. This can be due to genetic factors, environmental exposures, or changes in the immune system.

什麼是過敏？

過敏是指免疫系統對通常無害的物質（稱為過敏原）產生的反應。常見的過敏原包括花粉、塵蟎、寵物皮屑、某些食物和昆蟲叮咬。

過敏的原因是什麼？

過敏是由於免疫系統錯誤地將無害物質（過敏原）視為威脅而引起的。這可能與遺傳因素、環境暴露或免疫系統的變化有關。



Consultation Fee 診症收費

Please refer to the Clinic's website for service fees
請到訪本診所網站查看收費詳情



Location 地點

HKUMed Immunology & Allergy Clinic
HKU Health System Clinical Centre
2/F, HKUMed Academic Building, 3 Sassoon Road,
Pokfulam, Hong Kong
(footbridge linking to Queen Mary Hospital)

港大醫學院免疫及過敏診所
香港大學醫療系統臨床中心
香港薄扶林沙宣道3號醫學院學術樓2樓
(經天橋連接瑪麗醫院)





For more information, please visit our website
歡迎透過網站了解更多資料
<https://hkuhs.med.hku.hk/en/HKU-Health-System/HKUMed-Immunology-and-Allergy-Clinic>



HKUMed Immunology & Allergy Clinic 港大醫學院免疫及過敏診所



Appointment & Enquiries
預約服務及查詢

  852-3910 3350

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The HKUMed Immunology & Allergy Clinic

aims to be a centre for clinical and research innovation in immunological disorders. Our multidisciplinary team offers services for allergy diagnosis and treatment, including non-low risk drug allergy testing. We provide allergy testing programs and a wide range of tests and treatments for various allergies and related conditions.

Committed to holistic care, we combine clinical knowledge, innovative research, and education to help patients identify allergy sources and find effective treatments.

港大醫學院免疫及過敏診所

致力於成為免疫疾病臨床和研究的創新中心。我們的跨學科團隊提供過敏診斷和治療服務，包括非低風險藥物過敏檢測。我們提供過敏測試計劃，以及針對各類過敏和相關疾病的檢測和治療。

結合臨床專業知識、創新研究和教育，幫助患者識別過敏源並找到有效的治療方案。



**HKU
Med**

LKS Faculty of Medicine
HKUMed Immunology & Allergy Clinic
港大醫學院免疫及過敏診所

Scope of Services 服務範圍

- Diagnostic testing for allergies (aeroallergens, foods, drugs).
- Allergen immunotherapy and desensitisation.
- Assessment and treatment for suspected immunodeficiencies.
- Assessment and treatment for biologics in allergic reactions and immunological conditions.



- 過敏原（空氣過敏原、食物、藥物）的診斷測試
- 過敏原免疫療法及脫敏治療
- 懷疑免疫缺陷的評估和治療
- 用於過敏和免疫相關疾病的生物製劑評估和治療

We can help alleviate and relieve various symptoms caused by allergies, including:
我們可協助減輕及舒緩各種因過敏反應而引致不適的徵狀，包括：

- | | |
|--------------------------------------|--------------|
| • Allergic Rhinitis (Hay Fever) | • 過敏性鼻炎（花粉症） |
| • Anaphylaxis | • 過敏性休克 |
| • Angioedema | • 血管性水腫 |
| • Atopic Dermatitis (Eczema) | • 異位性皮膚炎（濕疹） |
| • Autoimmunity | • 自體免疫失調 |
| • Blocked-up Sinuses | • 鼻塞 |
| • Drug Allergy | • 藥物過敏 |
| • Food Allergy | • 食物過敏 |
| • Immunodeficiencies | • 免疫缺陷 |
| • Urticaria (Hives) | • 蕁麻疹 |
| • Venom Allergy | • 毒液過敏 |
| • Upper Respiratory Tract Discomfort | • 上呼吸道不適 |

Service Targets 服務對象

- **Allergy Sufferers:** Individuals experiencing allergies, whether from pollen, food, or insect stings.
- **Patients with Upper Respiratory Tract Discomfort:** Individuals requiring assistance in managing upper respiratory tract discomfort.
- **Immune System Disorders:** Those with conditions impacting their immune system.
- **過敏患者：**任何對花粉、食物或昆蟲叮咬過敏的人士。
- **上呼吸道不適患者：**需要幫助管理上呼吸道不適的人士。
- **免疫系統失調：**患有影響免疫系統失調的人士。



*We offer care for both kids and adults.
*我們為兒童和成人提供護理服務。